



# Community Health Assessment Survey

## REGIONAL RESULTS

### 2019-2020

1471



RESPONDENTS FROM THE WESTERN REGION

32%



MAJORITY FROM THE CORNER BROOK/ BAY OF ISLANDS AREA

26%



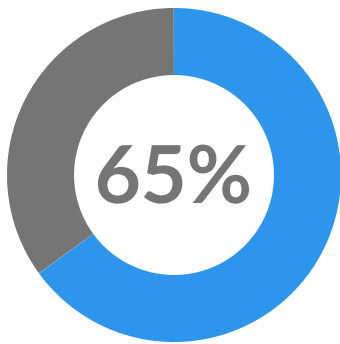
MAJORITY IN THE 46-55 AGE GROUP

#### HEALTH INFORMATION

#### HEALTH SERVICES

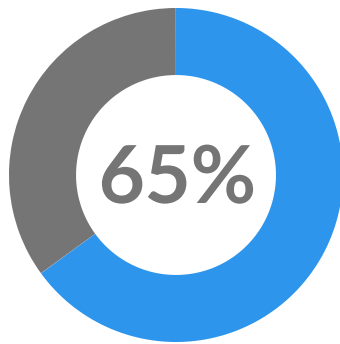
#### ACCESS

#### HEALTH STATUS



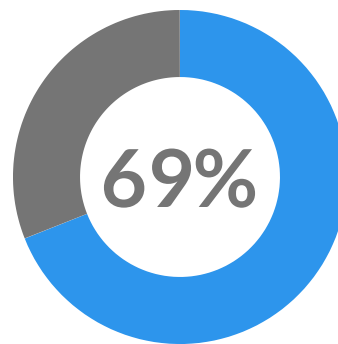
##### FAMILY DOCTOR

Majority (65%) of respondents go to their family doctor when they are looking for health related information



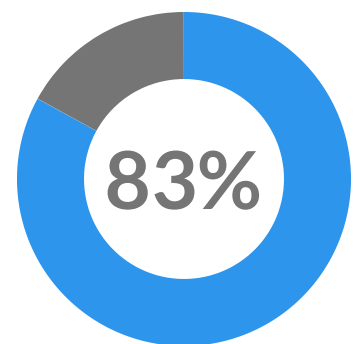
##### SATISFACTION

Majority (65%) of respondents were satisfied or very satisfied with health care services they used in the past 12 months



##### REQUIRED HEALTH SERVICES

Majority (69%) of respondents indicated they were able to access a required health service



##### PHYSICAL HEALTH

Majority (83%) of respondents reported their physical health was excellent or very good

#### TOP THREE COMMUNITY CONCERNS:

1. Addictions (26%)
2. Cost of living (22%)
3. Chronic disease (20%)

#### TOP THREE BEHAVIORS TO IMPROVE HEALTH:

1. Physical activity (93%)
2. Eat healthier (84%)
3. Reduce stress (81%)

#### TOP THREE WAYS WESTERN HEALTH CAN MAKE A DIFFERENCE:

1. Improve access and wait times for services
2. Improve access and wait times for specialists
3. Improve recruitment and retention of health care providers